



MIDDLESTOWN PATIENT PARTICIPATION GROUP



Our next **One Day Event** is Thursday 28 July. Two groups will be in the surgery for you to talk with - come along and see what is available. The articles below give you a flavour of what is on offer.

The British Heart Foundation is the UK's number one heart charity and through 50 years of funding cutting edge research we have already made a big difference to people's lives, today, we are funding thousands of research projects around the UK, but coronary heart disease remains the UK's single biggest killer but we are leading the fight against it.

Our pioneering research has helped to transform the lives of people living with heart and circulatory conditions. Our work has been central to the discoveries of vital treatments that are helping to change the face of the UK's fight against heart disease.

Our research is powered by your support. Every pound raised, every minute of your time and every donation to our shops will help make a massive difference to people's lives.



ALLERGY SUPPORT GROUP WEST YORKSHIRE

There are a couple of internet support groups within NetMums, NutMums and Allergy Buddies but until now there hasn't been a support group in the area for people to meet and discuss their allergy face to face. Navigating your way through GP, hospital and consultant appointments is complicated enough but once a diagnosis is made patients are often sent home with an AAI (adrenaline auto-injector) and left to get on with it. As well as the emotional fallout of 'why me' or 'why my child' a patient also starts thinking 'what products can I use', 'where can I buy them' and 'where can I eat out' etc. This is where group members from the local area can provide practical advice and share what has worked for them over the years.

We have witnessed an allergy explosion over the past 25 years. Allergies go hand in hand with many other conditions; we are not only supported by the Anaphylaxis Campaign but also Asthma UK, the National Eczema Society and Coeliac UK. We also have membership of LOCALA in order for us to be in contact with local school nurses.

The group hopes to reach out to new members through clinics, schools and Sure-Start Centres across West Yorkshire. At present we are concentrating our efforts in Kirklees and Calderdale. We'd love to see some new faces at our next event. If you are interested you can find us at <https://www.facebook.com/Allergy-Support-Group-West-Yorkshire-867211556666330/> or 07595 906 626 or via email griffles@talktalk.net



BREAKING NEWS: Appointments for Young people

From 1 April 2016 the Practice Nurse Helen Scholey is running a young persons' clinic. The patient has to be aged 13-19 to book these appointments. The nurse will go over life style and offer advice or signpost patients to the most appropriate service. These appointments will be every Monday afternoon.

To book an appointment please ring 01924 237100

DEMENTIA SUPPORT

A new support group has been set up in Emley for Alzheimer's & Dementia sufferers and their carers. Contact Mrs Winfield, 01924 848186.

A new group will be starting in Middlestown soon - watch out for notices locally.





MAKING HEALTH AND SOCIAL CARE INFORMATION ACCESSIBLE: MEETING THE ACCESSIBLE INFORMATION STANDARD

By 31 July 2016 all organisations who provide NHS or adult social care must follow the Accessible Information Standard by law. This includes NHS Trusts and Foundation Trusts, and GP practices. Organisations who pay for and make decisions about NHS and adult social care services must also support the standard.

The Accessible Information Standard aims to make sure that disabled people have access to information that they can understand and any communication support they might need.

The standard tells organisations how to make information accessible to patients, service users and their carers and parents. This includes making sure that people get information in different formats if they need it, such as Large print, Braille, Easy read or via email.

The Accessible Information Standard also tells organisations how to support people's communication needs, for example by offering support from a British Sign Language (BSL) interpreter, deafblind manual interpreter or an advocate.

As part of the Accessible Information Standard, organisations that provide NHS or adult social care must do five things. They must:

- ✓ Ask people if they have any information or communication needs, and find out how to meet their needs.
- ✓ Record those needs in a set way.
- ✓ Highlight a person's file, so it is clear that they have information or communication needs, and clearly explain how those needs should be met.
- ✓ Share information about a person's needs with other NHS and adult social care providers, when they have consent or permission to do so.
- ✓ Make sure that people get information in an accessible way and communication support if they need it.

More information on the Accessible Information Standard can be found on the NHS England website www.england.nhs.uk/accessibleinfo Charities including Action on Hearing Loss, CHANGE, Sense, and the Royal National Institute of Blind people (RNIB) will also be providing information.

WHAT YOU NEED TO DO NOW:

Inform reception so the surgery can ensure a marker goes on your Medical record.

This is to ensure that you will be dealt with in the correct way, fully understand everything about the services the surgery offers and that the surgery are aware of your difficulties.

PLEASE REMEMBER - If you don't inform reception then they won't know!



In September 2015 the Care Quality Commission (CQC) came to inspect the Middlestown practice and its branch surgeries. PPG members were invited to meet with the inspectors and answer questions about the practice. The surgery has been given an overall rating of 'Good'. Well done to all concerned.

To read the full report go to the CQC website at www.cqc.org.uk

Next Newsletter due 17 October.
Next Event 27 October.



Flockton surgery - if you are visiting the surgery in Flockton you can now park at the Sun Inn (when the chain is not across). Thank you to the Sun for allowing us to do this.



Whatever you do and wherever you go this Summer take care in the sun; cover up and use plenty of sunscreen.

You can also view this Newsletter on our PPG webpage at www.middlestownmedicalcentre.nhs.uk Please pass this Newsletter on to family or friends after you have finished with it.